



# INNOVATION Awards



Moderated By:

**Joy Burkhard, MBA**  
Executive Director  
2020 Mom



**Emily Miller, MD MPH**  
Assistant Professor  
Northwestern University



# A Collaborative Care Model for Perinatal Depression Support Services (COMPASS)

Emily Miller, MD MPH  
Department of Obstetrics and Gynecology  
Division of Maternal Fetal Medicine  
Northwestern University Feinberg School of Medicine



# Team

**COMPASS  
program  
director**



Emily Miller

**clinical liaison**



Jackie Gollan

**COMPASS care  
coordinators  
(CCC)**



Rebekah Jensen



Lauren Ratliff

**psychiatrists**



Aparna Chatterjee



Louisa Olushoga

**mentorship team**

Kathie Wisner  
Bill Grobman

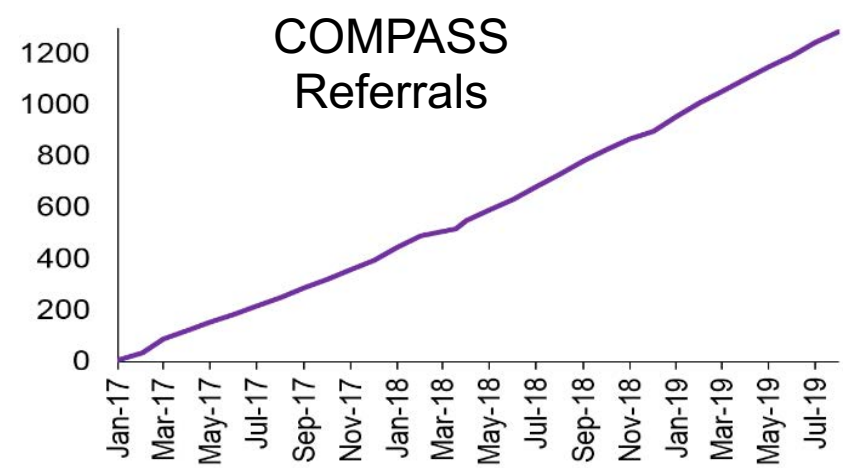
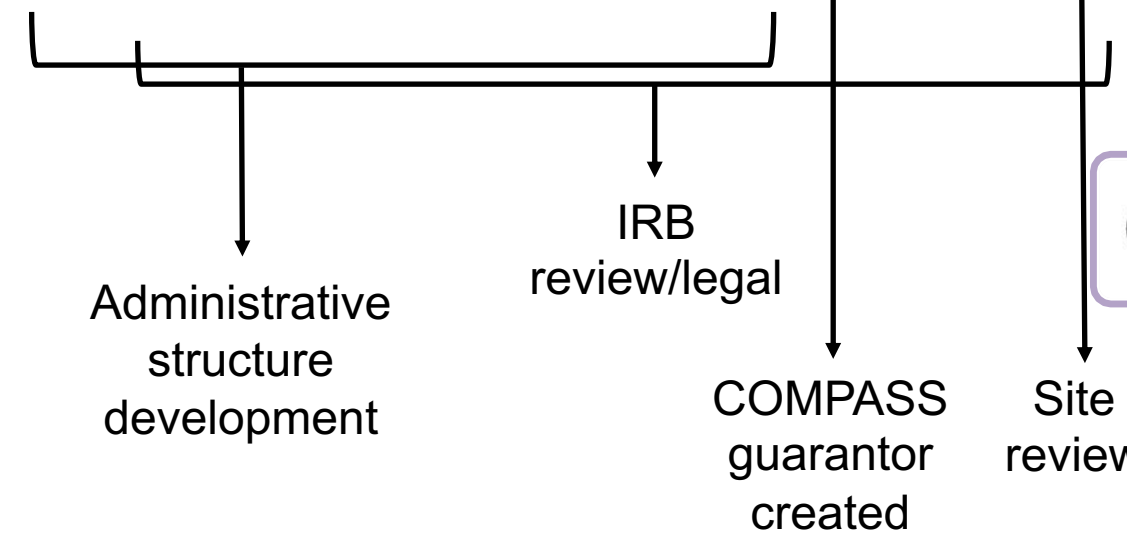
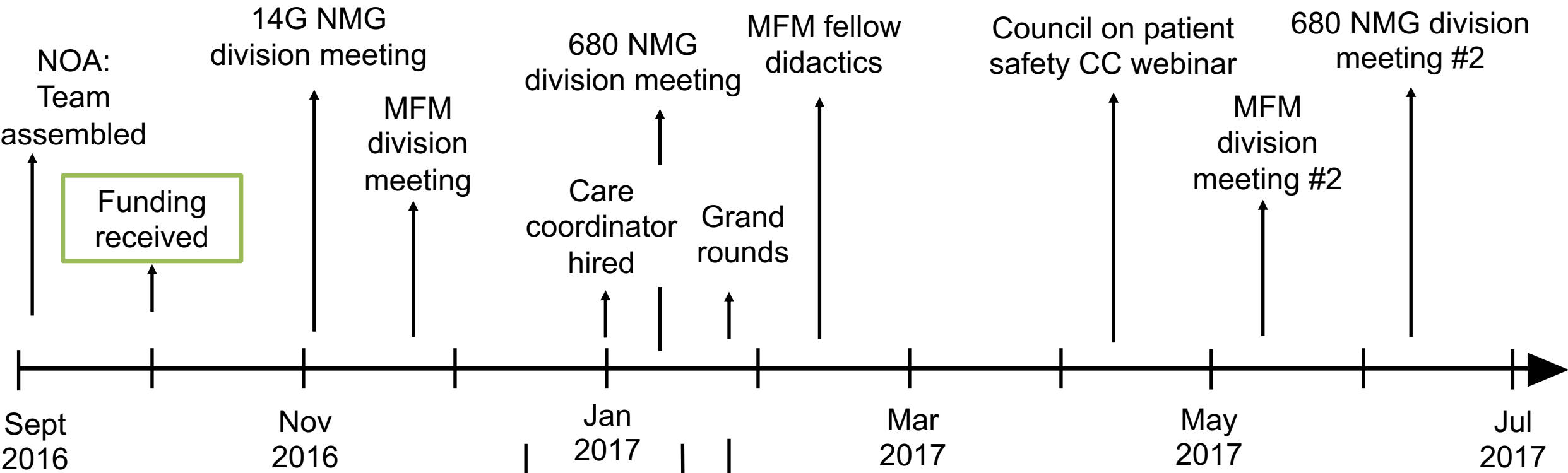
**therapist**



Rachel Ostrov

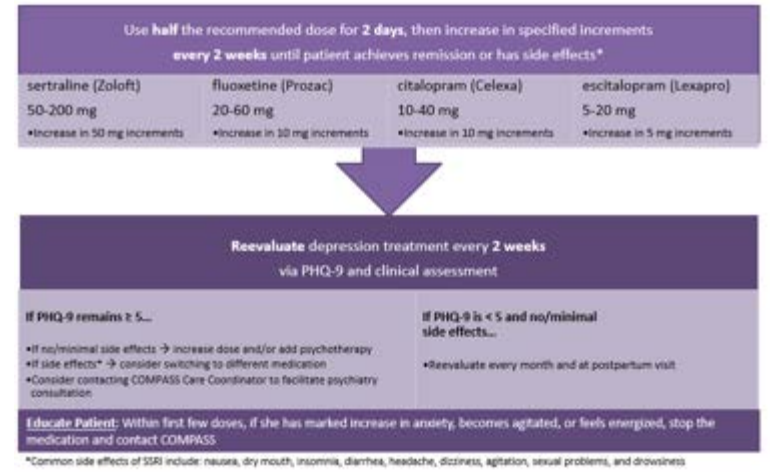
**data management  
team**

Jody Ciolino  
Daniel Erikson  
Katelyn Zumpf





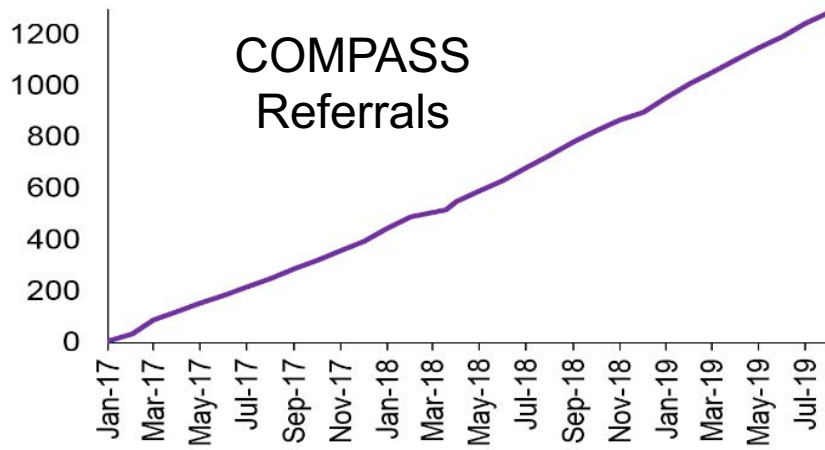

### Antidepressant Treatment Algorithm



Baseline						
Pt Tracking	Prenatal Visit	Prenatal PHQ9 Results	Delivery	Postpartum		
●	●	●	●	●	Maternal age at delivery (calc)	(years) _____
●	●	●	●	●	Intended ROD	<input type="radio"/> Vaginal <input type="radio"/> Cesarean
●	●	●	●	●	Labor	<input type="radio"/> Spontaneous <input type="radio"/> Induced / scheduled cesarean
●	●	●	●	●	Abnormal placentation	<input type="radio"/> Yes <input type="radio"/> No
●	●	●	●	●	Type of abnormal placentation	<input type="radio"/> Placenta previa <input type="radio"/> Abruptio <input type="radio"/> Other
●	●	●	●	●	Please describe other abnormal placentation	_____
●	●	●	●	●	Antenatal steroids given	<input type="radio"/> Yes <input type="radio"/> No
●	●	●	●	●	Antepartum admission this pregnancy	<input type="radio"/> Yes <input type="radio"/> No
●	●	●	●	●	Indication for AP admission	<input type="checkbox"/> Preterm labor <input type="checkbox"/> PPH/OM <input type="checkbox"/> High blood pressure/Prex <input type="checkbox"/> Hyperemesis gravidarum <input type="checkbox"/> Vaginal Bleeding <input type="checkbox"/> Other
●	●	●	●	●	Other indication for AP admission	_____
●	●	●	●	●	GA at 1st AP admission weeks	(wks: 30 = 6 days; 31 = 5 days; 32 = 4 days; 43 = 3 days; 29 = 2 days; 14 = 1 day.)
●	●	●	●	●	Gestational diabetes	<input type="radio"/> Yes <input type="radio"/> No
●	●	●	●	●	Type of gestational diabetes	<input type="radio"/> GDM1 <input type="radio"/> GDM2
●	●	●	●	●	Hypertensive disorder of pregnancy	<input type="radio"/> None <input type="radio"/> pHTN <input type="radio"/> Mild preeclampsia <input type="radio"/> Severe preeclampsia <input type="radio"/> Eclampsia <input type="radio"/> Superimposed preeclampsia

<https://friendsofprentice.org/about>

# Evidence of Impact/Scalability



**COUNCIL ON PATIENT SAFETY  
IN WOMEN'S HEALTH CARE**  
safe health care for every woman

Friday, May 12, 2017  
12 p.m. Eastern  
Dial In: 888.863.0985  
Conference ID: 49390086

## Safety Action Series

### Collaborative Care Models for Perinatal Health: A Systems Approach to Adopting Best Practices

**Nancy Grote, PhD, MSW**  
Research Associate Professor  
School of Social Work, University of Washington  
Principal Investigator, MOMCare Program

**Emily Miller, MD, MPH**  
Assistant Professor in Obstetrics and Gynecology-Maternal  
Fetal Medicine and Psychiatry and Behavioral Sciences  
Northwestern University

Slide 24

**Perinatal Collaborative Care Models: Learning from the Present, Planning for the Future Care**

Lauren M. Osborne MD  
Nancy Grote PhD  
Emily S. Miller MD  
Katherine McEvoy MB ChB  
Eydie L. Moses-Kolko MD

**Perinatal Mental Health**  
Forum Leader: Emily Miller, MD, MPH and Camille Hoffman, MD, MSCS Room: Senators Lecture Hall

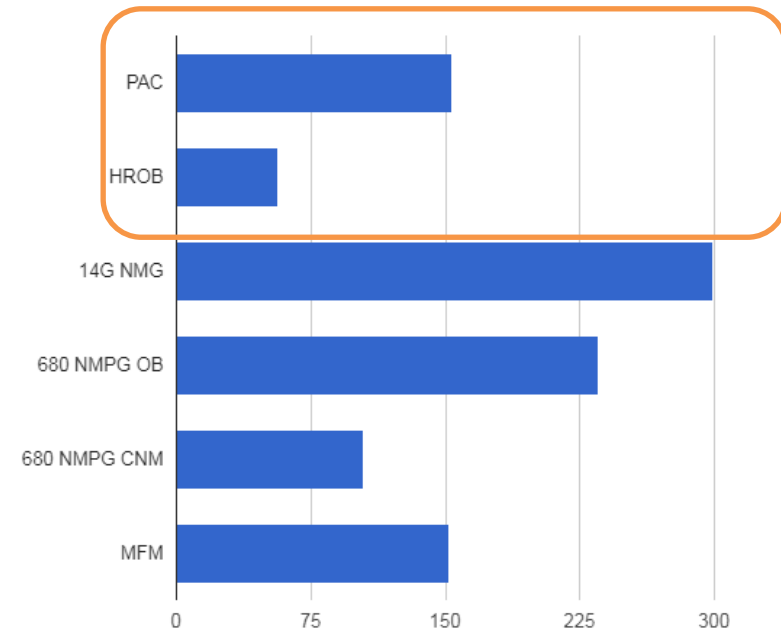
Time of Presentation	Title of Presentation	Speaker
3:00 - 3:10 pm	Introductions and launch of new Scientific Forum: Perinatal Mental Health (PMH)	Camille Hoffman, MD, MSCS Emily Miller, MD, MPH
3:15 - 3:45 pm	Mechanisms of disease: HPA axis, ANS and perinatal mood and anxiety disorders	Camille Hoffman, MD, MSCS
3:45 - 3:55 pm	Discussion	All
3:55 - 4:25 pm	Collaborative care: A health systems approach to perinatal depression	Emily Miller, MD, MPH
4:25 - 4:35 pm	Discussion	All
4:35 - 5:05 pm	Pharmacokinetics/pharmacogenomics of SSRIs	Cate Slika, MD
5:05 - 5:15 pm	Discussion	All
5:15 - 5:30 pm	Wrap-up and planning for SMFM 2019 PMH Scientific Forum	All



**Third Biennial Perinatal Mental Health Conference**  
*Mental Health and Well-Being for Childbearing Women, Their Children and Families*  
November 7-10, 2017 - Northwestern University - Chicago  
[www.perinatalmentalhealth.com](http://www.perinatalmentalhealth.com)

The conference will focus on the advances in mental health care in basic, translational and clinical science. Intervention programs for perinatal women, such as outpatient, day hospital and inpatient mother and baby units are flourishing, and sharing interdisciplinary experience will be prioritized. The conference is designed to support conversations among investigators, health care professionals, advocacy groups and policymakers. The conference will encourage networking and efforts to move research findings from the academic setting into real-world clinical practice, a public health priority. This will be the first official meeting of the Perinatal Mental Health Society, serving North America.

Abstract Submissions will open in March  
Submission Deadline: June 20  
[www.perinatalmentalhealth.com](http://www.perinatalmentalhealth.com)





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# THANK YOU!



Upcoming Webinars:

- Tu Oct 29 – PSI Utah, telehealth appropriations (Policy & Advocacy)
- Th Nov 7 - Maternal Mental Health NOW, CA's Comprehensive MMH Bill Package (Policy & Advocacy)
- Mon Dec 2 – VCU's Virginia MOMS Program (Programs in Care)
- Tu Dec 10 – Better Postpartum, Social Media Campaign (Community Solutions)
- Tu Dec 17 - Appalachian Perinatal Mental Health Alliance (Community Solutions)

**For more Information and to register:**  
**<https://www.2020mom.org/innovation-awards>**