

California Hospital Maternal Mental Health Legislation Resources

AB 3032: Hospital Maternal Mental Health

This becomes effective 1/1/2020 and requires hospitals to:

- Train clinicians that interact with pregnant and postpartum women on the range of maternal mental health disorders and signs and symptoms.
- Inform pregnant and postpartum women about the range of maternal mental health disorders, signs and symptoms and how to seek help if they may be suffering.

Training Resources

Postpartum Support International (PSI) – 2020 Mom Web-based Training

Postpartum.net

MMH 101

Frequency

2 hour training offered once a quarter to the public.

No charge, no CEUS, cert of attendance available starting for Q3

Email:

Training@postpartum.net

Certificate training

8, 2 hour courses

2 classes a year

Feb & Sept

\$475

Postpartum Support International (PSI)

Postpartum.net

Customizable in person hospital trainings are available.

Email:

Training@postpartum.net

Maternal Mental Health Now

MaternalMentalHealthNow.org

Self-paced web-based training:
“Bringing Light to Motherhood”

12 hours. 12 CMEs, 8 CEUs available
\$495

Segments 01, 02, 03 meet legislative requirements.

\$70.75 each

No CEUs

Offered in SCORM format for upload to institution training systems

Customizable in person hospital trainings are available.

Email:

Training@maternalmentalhealthnow.org



www.2020Mom.org | email: info@2020Mom.org
5042 Wilshire Boulevard, #31842, Los Angeles, California 90036

California Hospital Maternal Mental Health Legislation Resources

Patient Education Materials

2020 Mom

2020Mom.org/materials

Rack cards

Customizable with hospital or local treatment options

Postpartum Support International (PSI)

Postpartum.net

Video for patient viewing

DVD

Note: information about local treatment options would also need to be provided

Maternal Mental Health Now

maternalmentalhealthnow.org/campaigns/materials

Speak Up campaign posters and brochures

Cherished Mom

cherishedmom.org/educational-videos/

Videos for Patient Viewing

Misc. Hospital Support

Perinatal Psychiatry Consultation Service

Phone: 1.833.205.7141

For provider support with diagnosis, treatment planning and medication management of pregnant and postpartum women with depression and anxiety.

Free service for all providers in California provided by Common Spirit Health.

Hours: Mondays to Fridays, 1PM – 5PM (PST)

Perinatal Psychiatrist: Miriam Schultz, MD

Calls will be answered immediately or returned within 30 minutes.

CA Hospital Quality Institute Learning Network

Complementary Resources Available by April 1, 2020:

- An online course on maternal mental health for perinatal staff and providers
- A quick reference guide with tools and resources for perinatal staff and providers



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